

NLR Skin Disease Games - Do-It-Yourself (DIY) version

Memory

- It is recommended to print on thick paper or cardboard.
- Each Memory card has an identical back. So, when you turn over the cards, they all look the same. The backs are displayed on the first page. This page needs to be printed 12 times.
- You can either make a two-sided print or glue the front and the back together.
- There are cutting lines printed on the pages. Follow these to ensure the correct sizes of the cards (74 x 105 mm).
- The orange colour bleeds a bit over the cutting lines, to ensure no white lines appear on the side of the cards; i.e. you will need to cut a small line of orange off each card.

For questions contact: info@nlrinternational.org



EDCTP

The project leading to the development of this game is part of the EDCTP2 programme supported by the European Union.
Grant number: RIA2017NIM-1839-PEP4LEP



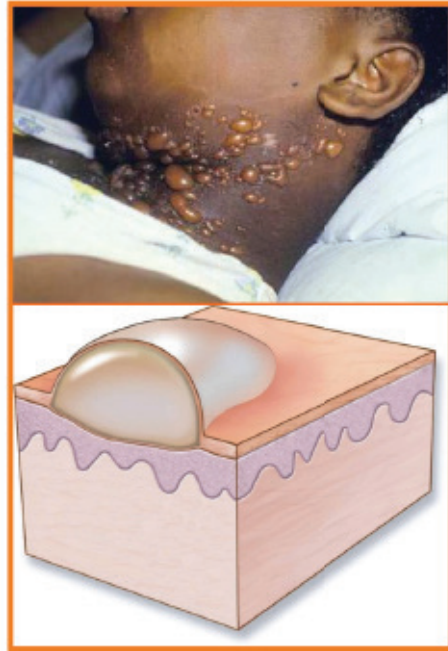
These are the backs of each memory card
Print this page 12 times





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1



SKIN SIGNS & SYMPTOMS MEMORY



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Bullae/large blisters
Large swellings of the skin
that contain watery fluid

1



copyright on one of the photos in the game? Please let us know via info@nlrinternational.org

NLR Skin Disease Games

These memory cards are part of the NLR Skin Games. The NLR Skin Games were originally developed under the PEP4LEP project, funded by the EDCTP and LRI.

How to play

1. Put all the cards in rows, facedown on the table
2. In turns, turn over any two cards
3. If they match, keep them - if not turn back over
4. The person with the most pairs wins the game
5. Too hard? Play with the cards facing up



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Version 4, 2020

2



Comedones

Widened open (blackhead)
or closed (whitehead) hair
follicle openings filled with
keratin

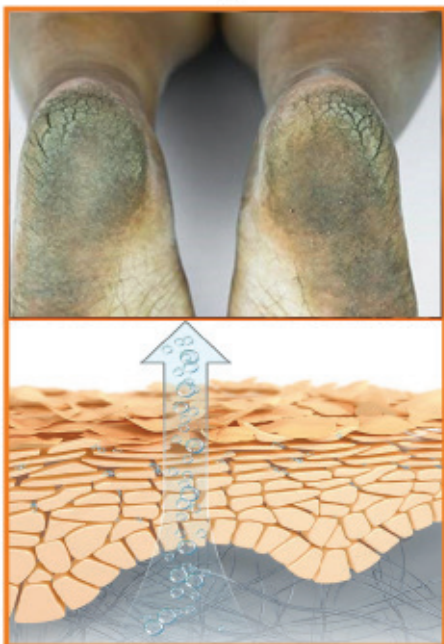
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3



Cracks

Rough and often flaky skin
with small or deep tears

3

4



Crusts

Dried serum, blood or pus on the surface of the skin

4



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5



Dandruff

White, oily flaking of the skin on the scalp, may feel itchy

5



6



6

Erosions
Superficial loss of skin
Excoriation / abrasion



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7

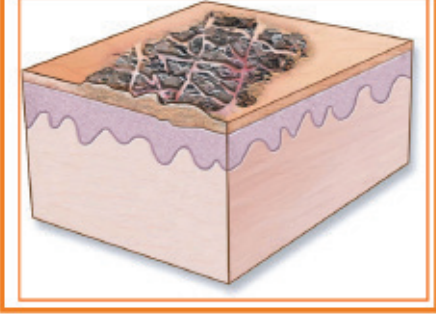


7

**Dome shaped elevation
with cheesy content**



8



Lichenification
Thickened skin with
deepening of the normal
skin lines (leather-like)

8

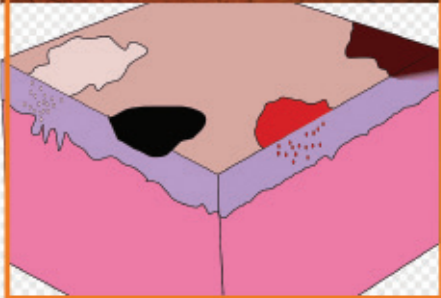
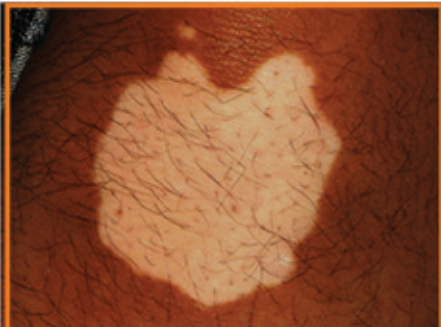


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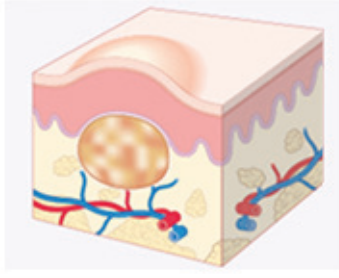


**Macules/
circumscribed colour
change**
Without change in the level
of the skin

9



10



**Nodules/
large bump**
Hard swelling in/under the
surface of the skin.

10



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11



Oedema/Edema
Swelling of body part or
skin area, can be hard or soft

11



12



Oozing
Slow leaking of fluid from the
skin or a wound

12

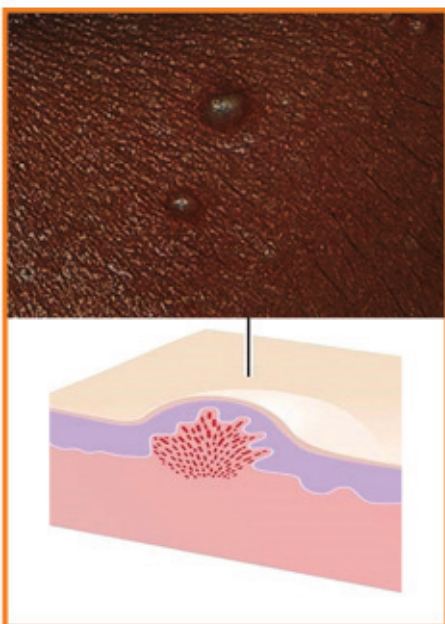


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13

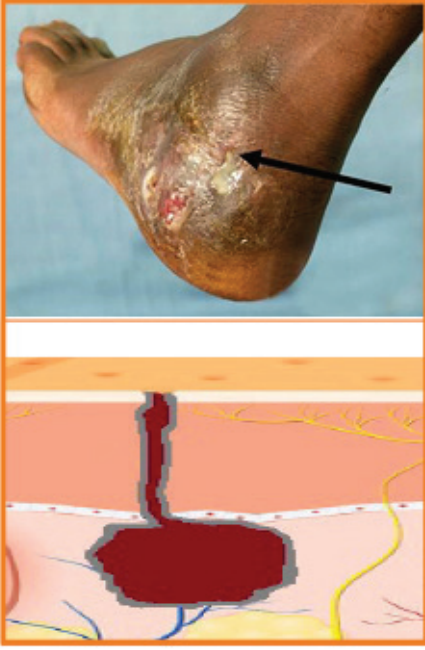


**Papules/
small bump**
Small hard bump

13



14



**Fistulae discharging
pus (with grains)**
Abnormal passage leading from
an abscess to the skin surface

14

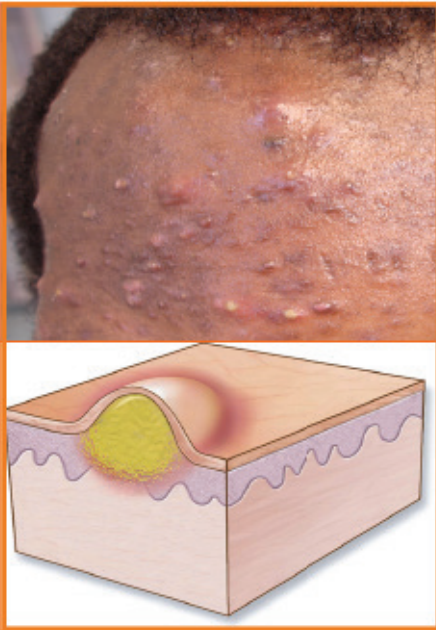


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15



Pustules/pimples
Vesicles filled with pus

15



16



Round lesions

A change in skin appearance
with a round shape,
no wound

16

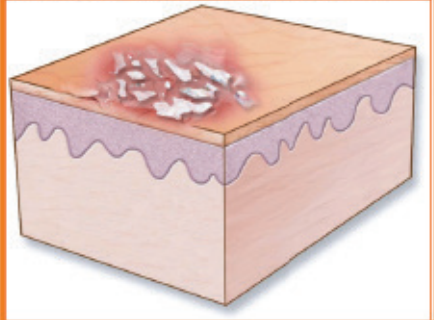


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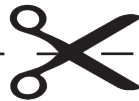


17

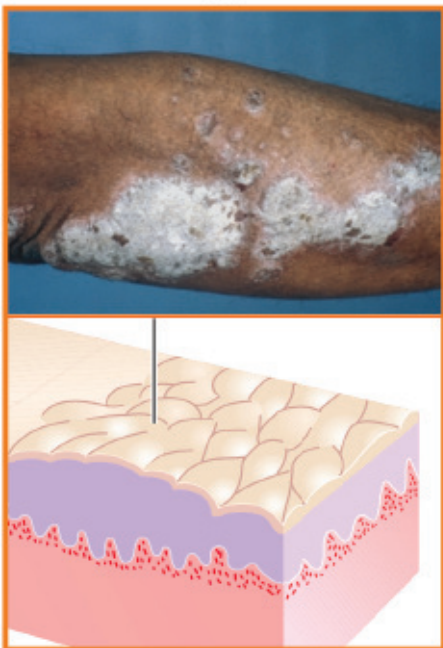


Scales
White flakes of dry skin/
keratin

17



18



(White) plaques
Large superficial elevations
with thick white scales

18

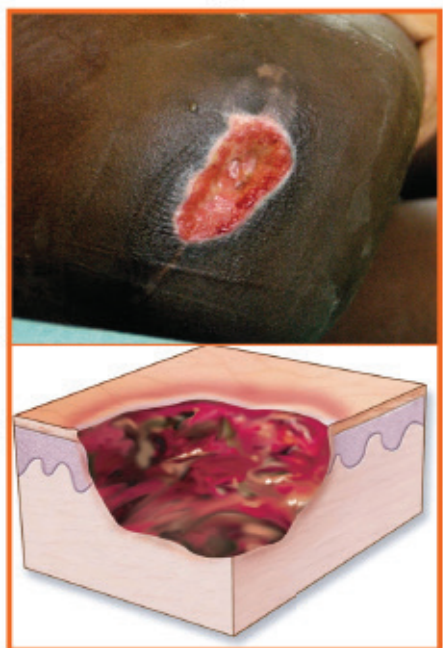


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19



Ulcers
Round/oval shaped defect or
deep sore in skin,
with red or yellow base,
possibly black/yellow crust

19



20



Vesicles/small
blisters
Small swellings of the skin
that contain watery fluid

20

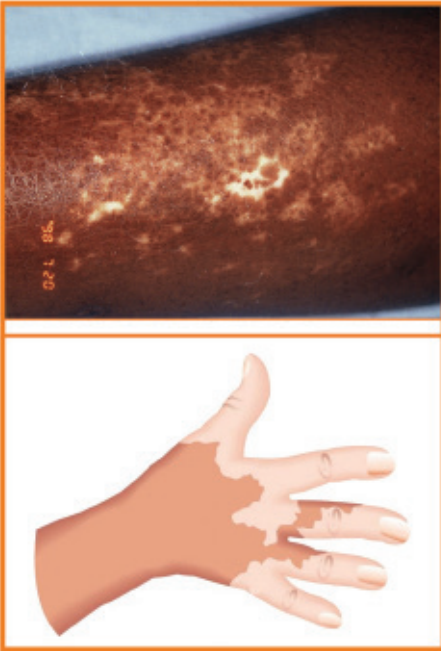


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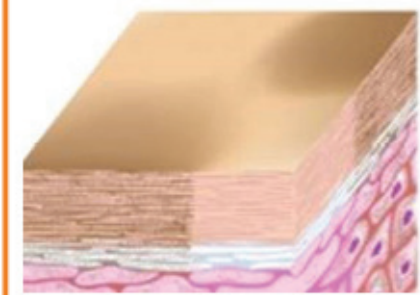


Hypopigmentation/
Depigmentation
(lightening)
Area of unusual lighter skin

21



22



Hyperpigmentation
(darkening)
Area of unusual darker skin

22



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23

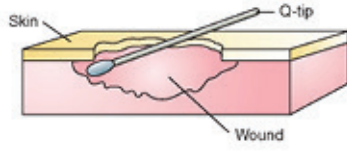
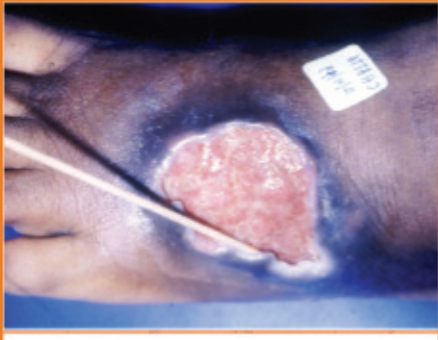


Scratch marks
Slight skin tearing or red
marks due to scratching

23



24



Ulcer with undermined edges
Round/oval open wound that continues underneath the skin edges

24



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