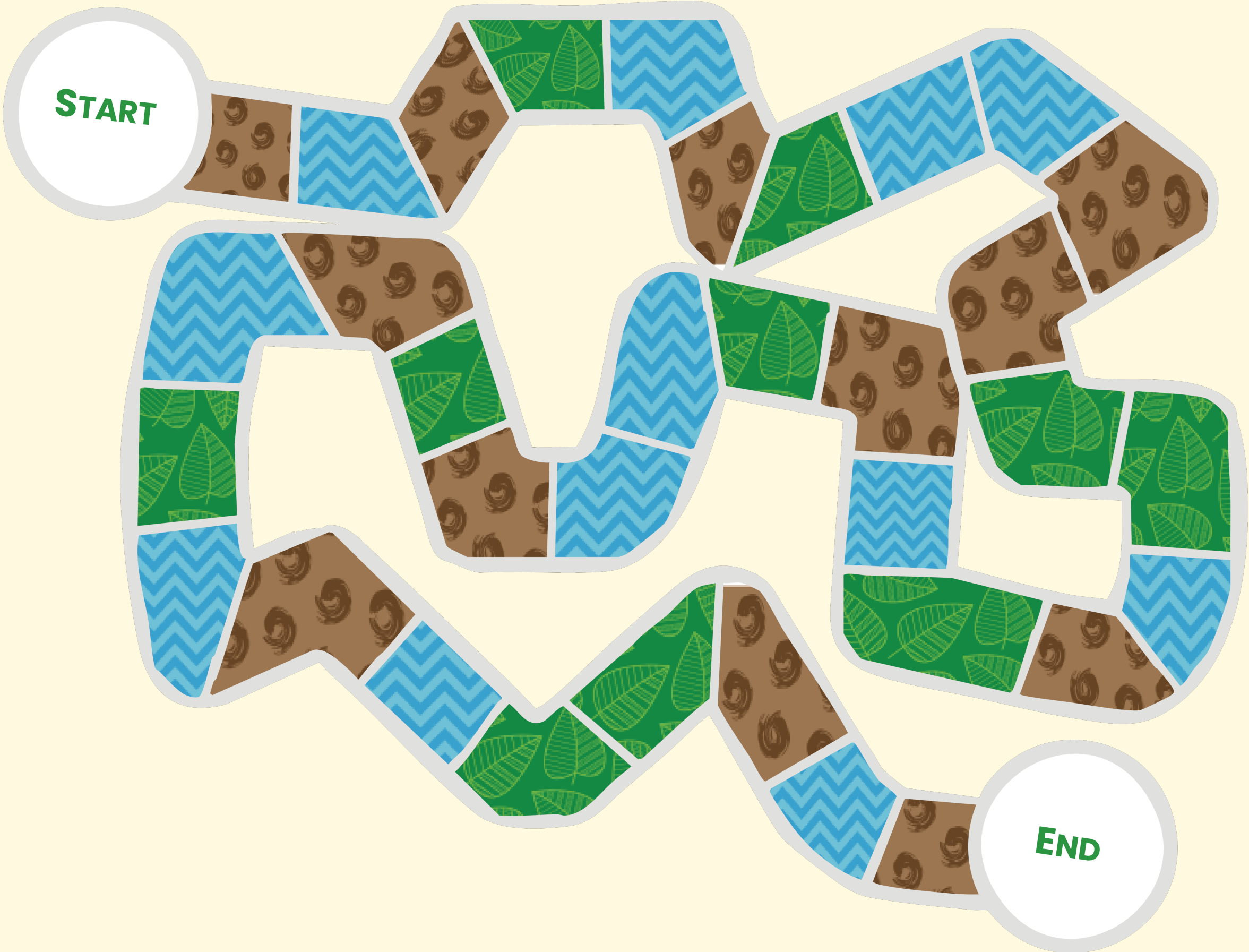


# CLEAN CAPTAIN BOARD GAME



**NUMBER  
CARDS**

**DIRTY  
CARDS**

**CHALLENGE  
CARDS**

**CLEAN  
CARDS**

## MATERIALS

1 game board, 18 brown cards, 18 blue cards, 12 green cards, 6 purple cards

\* Students will pick their own token to move as their game piece. Their token should be small enough to fit on the game squares and also unique to them, such as a coin, bead, rock, etc.\*



## INSTRUCTIONS

1. Game can be played with 2-6 people. For young students, we recommend including at least 1 player who can read well and guide the other players.
2. Players will choose a **purple number card** to see who goes first. The person with the highest number will have the first turn, with players continuing in a clockwise manner after. (If dice is available, it can be used instead)
3. All players start with their tokens on "START".
4. In each turn, the players will pick a **purple number card** and move the corresponding number of spaces along the game board.
5. If they land on a blue space, they will pick a **blue "Clean" card** and follow the directions. All blue cards move the player forward or give them an extra turn for rolling the dice.
6. If they land on a brown space, they will pick up a **brown "Dirty" card** and follow the directions. All brown cards move the player backwards or lose them their next turn at rolling the dice.
7. If they land on a green space, they will pick up a **green "Challenge" card** and complete the challenge. All green cards give a task for the player to complete. The other players will judge if the player is correct. If yes, he/ she will move forward or get an extra turn. If no, then he/she will not move forward or backwards in this turn.
8. In each turn, the player will only pick up one card for the first space they land on. However, some cards give them an extra turn, which means they will roll again and then get another card since it is considered a new turn.
9. The first player to reach "END" wins the game!

|                                                                                                                             |                                                                                                                     |                                                                                                                                  |                                                                                                                                    |                                                                                                                             |                                                                                                                             |
|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|
| <p>You wash your hands with soap and water before eating.</p> <p><b><i>Move forward 2 spaces</i></b></p>                    | <p>You clean the yard and latrine at home.</p> <p><b><i>Move forward 3 spaces</i></b></p>                           | <p>You go to school for the MDA and take the medicine.</p> <p><b><i>Move forward 2 spaces</i></b></p>                            | <p>You teach the other students about healthy hygiene.</p> <p><b><i>You get an extra turn!</i></b></p>                             | <p>After playing outside, you wash your hands with soap and water.</p> <p><b><i>Move forward 2 spaces.</i></b></p>          | <p>You wash your face with soap and water in the morning and evening.</p> <p><b><i>Move forward 3 spaces</i></b></p>        |
| <p>Your friend has red eyes, and you go with him to the health center.</p> <p><b><i>Move forward 3 spaces</i></b></p>       | <p>You convince your parents to build a good latrine.</p> <p><b><i>You get an extra turn!</i></b></p>               | <p>You arrive to school with a clean face, clean hands, and wearing clean shoes.</p> <p><b><i>Move forward 4 spaces.</i></b></p> | <p>You make sure there is always soap for handwashing at school.</p> <p><b><i>You get an extra turn!</i></b></p>                   | <p>You show a younger student how to wash his hands properly.</p> <p><b><i>Move forward to the next blue space.</i></b></p> | <p>You learned that a stream has schistosomiasis, and you warn your friends.</p> <p><b><i>Move forward 3 spaces</i></b></p> |
| <p>You tell your friend to wash his face to prevent trachoma.</p> <p><b><i>Move forward to the next blue space.</i></b></p> | <p>You stopped your friend from going to the bathroom in the field.</p> <p><b><i>Move forward 3 spaces.</i></b></p> | <p>A teacher compliments you on having a clean face all week.</p> <p><b><i>Move forward 4 spaces</i></b></p>                     | <p>You organize an event with the WASH club to clean the school yard.</p> <p><b><i>Move forward to the next blue space</i></b></p> | <p>During a school event, you act in a role play about healthy behaviors.</p> <p><b><i>Move forward 3 spaces</i></b></p>    | <p>You teach your brother how to use the latrine.</p> <p><b><i>Move forward to the next blue space.</i></b></p>             |



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|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Tell the group the 3 key times for handwashing.</p> <p><b>Move forward to blue if correct.</b></p>               | <p>Describe at least 3 ways that trachoma is spread.</p> <p><b>Move forward to blue if correct.</b></p>                      | <p>Sing a song about handwashing!</p> <p><b>If correct, get an extra turn!</b></p>                                                                           | <p>Out of 30 students, 12 have dirty faces. How many have clean faces?</p> <p><b>Move forward to blue if correct.</b></p> | <p>Demonstrate how to wash your hands properly.</p> <p><b>If correct, get an extra turn!</b></p>                                                                   | <p>Answer: Why is open defecation bad for your health?</p> <p><b>Move forward to blue if correct.</b></p>                                                         |
| <p>Tell a story about a person who gets sick from schistosomiasis.</p> <p><b>If correct, get an extra turn!</b></p> | <p>Describe at least 3 ways that people get sick from intestinal worms.</p> <p><b>Move forward to blue if correct.</b></p>   | <p>Act out the symptoms of trachoma without using words.</p> <p><b>Move forward to blue if correct.</b></p>                                                  | <p>Act out the symptoms of intestinal worms without using words.</p> <p><b>Move forward to blue if correct.</b></p>       | <p>Out of 150 students, 42 are not wearing shoes. How many are wearing shoes?</p> <p><b>Move forward to blue if correct.</b></p>                                   | <p>Make up a dance about healthy behaviors.</p> <p><b>Move forward to blue if they dance at least 3 behaviors</b></p>                                             |
| <p>Share at least 3 symptoms of trachoma.</p> <p><b>If correct, get an extra turn!</b></p>                          | <p>Share at least 2 schistosomiasis risks one might find in a water body.</p> <p><b>Move forward to blue if correct.</b></p> | <p>Which spreads schistosomiasis?<br/>Thumbs up = drinking dirty water; thumbs down = entering dirty water.</p> <p><b>If correct, get an extra turn!</b></p> | <p>Explain how wearing shoes can keep you healthy.</p> <p><b>Move forward to blue if correct.</b></p>                     | <p>If one gram of poop has 100 parasite eggs in it, how many parasite eggs could be found in 200 grams of poop?</p> <p><b>Move forward to blue if correct.</b></p> | <p>Tell a short story about a kid who feels sick and misses school because of intestinal worms.</p> <p><b>After telling the story, you get an extra turn!</b></p> |



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|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <p>You forget to wash your hands after using the latrine.</p> <p><b><i>Move back 2 spaces</i></b></p>   | <p>You forget to wash your hands before eating.</p> <p><b><i>Move back 2 spaces</i></b></p>                         | <p>You have not washed your face at all today.</p> <p><b><i>Skip your next turn!</i></b></p>     | <p>Flies keep landing on your dirty face.</p> <p><b><i>Move back 1 space</i></b></p>                       | <p>The latrine at school is dirty and full of flies.</p> <p><b><i>Move back 1 space</i></b></p> | <p>You get a snack in the market but eat it without washing your hands first.</p> <p><b><i>Move back 2 spaces</i></b></p> |
| <p>You wash your face, but you dried it with a dirty towel.</p> <p><b><i>Move back 2 spaces</i></b></p> | <p>You forget to tell your family about trachoma and staying healthy.</p> <p><b><i>Skip your next turn!</i></b></p> | <p>You wash your hands with water but don't use soap.</p> <p><b><i>Move back 1 space</i></b></p> | <p>You went to the bathroom in a stream (and not a latrine).</p> <p><b><i>Skip your next turn!</i></b></p> | <p>Your stomach hurts, and you feel very tired.</p> <p><b><i>Move back 3 spaces</i></b></p>     | <p>You play outside without wearing shoes.</p> <p><b><i>Move back 2 spaces</i></b></p>                                    |
| <p>Your eyes are itchy and red.</p> <p><b><i>Move back 3 spaces</i></b></p>                             | <p>You do not have soap at home for handwashing.</p> <p><b><i>Move back 3 spaces.</i></b></p>                       | <p>You swam in infected water and got sick.</p> <p><b><i>Skip your next turn!</i></b></p>        | <p>There is animal poop in the yard where you play at home.</p> <p><b><i>Move back 2 spaces</i></b></p>    | <p>You miss the school MDA day.</p> <p><b><i>Move back 3 spaces.</i></b></p>                    | <p>You went to the bathroom in the field (and not a latrine).</p> <p><b><i>Skip your next turn!</i></b></p>               |



**1**

**2**

**3**

**4**

**5**

**6**

**1**

**2**

**3**

**4**

**5**

**6**

**1**

**2**

**3**

**4**

**5**

**6**

